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**Advices and Queries for Third Month: Meeting for Worship on  
 the Occasion of Business**

Come to Meeting with hearts and minds prepared to be open and faithful to the leadings of the Spirit. Then the conduct of business will lead to truth, unity, and love.

When a matter is before the Meeting for Business, each person present contributes to the corporate search for a decision that accords with the will of God. Inaction is a form of action. Silent worship in the Meeting for Business contributes to the process of achieving unity.

Listen attentively to others' words and use the silence between messages to reflect carefully on what you might contribute. When you are clear, speak simply what is in your heart, without repeating what has already been offered. While making your insights clear, lay aside personal opinions and attend to what God requires.

- Do I attend Meeting for Business regularly?
- Do I speak in Meeting for Business only when I am led to speak?
- Is the Meeting for Business held as a Meeting for Worship in which we seek divine guidance for our actions?
- Are we tender and considerate of different views, coming to a decision only when we have found unity?
- Do we give prayerful support for our clerks that they may be sensitive to the movement of the Spirit among us?

**SUNDAY MORNING SCHEDULE**

- 9:00 to 10:00 am Adult Education, New Meeting House (NMH), 1<sup>st</sup> & 3<sup>rd</sup> First Days & on 4<sup>th</sup> & 5<sup>th</sup> First Days by arrangement.  
 10:00 to 10:25 Hymn Singing at NMH.  
**10:30 to 11:30 Meeting for Worship at New Meeting House.**  
 10:30 to 11:15 First Day School for children in Old Meeting House (OMH – n.b., also now known as the “School House”).  
 11:15 to 11:30 Children join adults for Meeting for Worship in NMH  
 11:30 to 11:45 Introductions and announcements

MONTHLY MEETING FOR BUSINESS is held on the second First Day of the month, following light refreshments after Meeting for Worship. The next Business Meeting is on March 11, 2012.

- WORSHIP SCHEDULE (in NMH): Meeting for Worship – each First Day at 10:30 AM.  
 Mid-Week Evening Worship – each Wednesday at 6:00 PM.  
 Mindfulness Meditation – each Thursday at 7:15 AM

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**FEB**

- 26 Sun 10:30 - 11:30 am Meeting for Worship – NMH.**  
 26 Sun noon Fourth First Day Provided Lunch this month – (see note below).  
 28 Tues 7:00 pm Caregivers Group meeting – Schoolhouse (see note below).  
**29 Weds 6:00 pm Midweek Meeting for Worship – NMH.**  
**29 Weds 7:30 – 9:00pm Meeting of Spiritual Formation Group – NMH.**

**MAR**

- 1 Thurs 7:15 am Mindfulness Meditation – NMH (see note below).  
 4 Sun 9:00 am Adult Ed. – Reading & Discussion – NMH.  
**4 Sun 10:30 - 11:30 am Meeting for Worship – NMH.**  
 4 Sun 12:15 pm Adult Ed. Series on “To Be Broken and Tender” – NMH (see note below).

- 7 **Weds 6:00 pm Midweek Meeting for Worship – NMH.**  
 7 **Weds 7:30 – 9:00pm Meeting of Spiritual Formation Group – NMH. ?**  
 8 Thurs 7:15 am Mindfulness Meditation – NMH (see note below).  
 11 **Sun 10:30 - 11:30 am Meeting for Worship – NMH.**  
 11 Sun noon Light lunch provided prior to Meeting for Business - OMH.  
 11 **Sun 12:15 pm Meeting for Business – NMH (see note above).**  
 14 **Weds 6:00 pm Midweek Meeting for Worship – NMH.**  
 15 Thurs 7:15 am Mindfulness Meditation – NMH (see note below).  
 18 Sun 9:00 am Adult Ed. – Reading & Discussion – NMH.  
 18 **Sun 10:30 - 11:30 am Meeting for Worship – NMH.**  
 18 Sun 11:45 am Collection for Ecumenical Hunger by Community Service Committee – NMH (see note below).  
 18 Sun [*Deadline for submittal of Newsletter articles - if email send to [moriii@yahoo.com](mailto:moriii@yahoo.com).*]  
 21 **Weds 6:00 pm Midweek Meeting for Worship – NMH.**  
 21 **Weds 7:30 – 9:00pm Meeting of Spiritual Formation Group – NMH. ?**  
 22 Thurs 7:15 am Mindfulness Meditation – NMH (see note below).  
 25 Sun 9:00 am Adult Ed. – Study Series “Salt and Light” – NMH (see note below).  
 25 **Sun 10:30 - 11:30 am Meeting for Worship – NMH.**  
 25 Sun noon Fourth First Day Provided Lunch this month – (see note below).  
 27 Tues 7:00 pm Caregivers Group meeting – Schoolhouse (see note below).  
 28 **Weds 6:00 pm Midweek Meeting for Worship – NMH.**

## **CALENDAR EXPANSION – DETAILS**

\*\*\* STANFORD QUAKER ACTIVITIES: Stanford students interested in on-campus Quaker activities should contact Daniel Steinbock <[daniel@steinbock.org](mailto:daniel@steinbock.org)>. Meetings are held in the CIRCLE sanctuary on the 3rd floor of Old Union. Contact Daniel for current schedule. The group has shelf space in the CIRCLE Library and we would love to add your favorite Quaker book to the shelf. Books we have already received: <http://bit.ly/qbooklist>.

\*\*\* ADULT EDUCATION DISCUSSION: **Reading and Discussion** led by Henry Jason each 1<sup>st</sup>, 3<sup>rd</sup>, and 5<sup>th</sup> Sunday at 9 am – NMH. We are reading and discussing a 1648 book written by Robert Wilkinson entitled The Saint's Travel to the Land of Canaan: Wherein are Discovered Seventeen False Rests Short of the Spiritual Coming of Christ in the Saints: Together with a Brief Discovery of What the Spiritual Coming of Christ is, Who is the Alone Rest and Centre of Spirits. All are welcome No preparation is necessary. A pdf of the work is available; please inquire if interested in acquiring a copy. Contact Henry Jason.

recent addition to the Defense Authorization Bill, a matter that concerns all of us. Discussion and letter writing will follow.  
**9am study series on fourth Firstdays – “Salt and Light:** “To turn all we possess into the channel of universal love becomes the business of our lives” – John Woolman. Explore the spiritual foundation of our faith with our understanding of the basis of our work in the world with readings and queries on the World Conference theme “Being Salt and Light: Friends living the kingdom of God in a broken world.” See <http://www.saltandlight2012.org/materials.html> for the online version. Readings are encouraged but not required for attendance. Our upcoming sessions in March will be: Friends Diversity and Ecumenism.

**Series on “To be Broken and Tender”** by Marge Abbott:

Session zero is an introduction to the series, providing a course handout, and selling of books, to be held March 4th after meeting. The series will be held 12:15- 1:45 (though you can leave early if you need to) on the first First Day of each month. It will be six sessions: April 1, May 6, June 3, July 12, August 5, September 2.

Session 1, April first: Waiting and attending in an active life. themes and exercises: listening and being vulnerable, waiting and attending, Expectant attention as the foundation beneath “doing” our lives

Please bring a journal, notebook, or some other way to write reflections. Our sessions will include experiential exercises, journal writing, and worshipful sharing, although there will be some presentation. Reading will be Margery Post Abbott's book, To Be Broken and Tender: A Quaker Theology for Today, available in the office for \$20 (ask Diane Pasta or Tom Farley). If you want the book, but cannot afford it, talk to Diane or inquire at Care and Concerns for a subsidy.

**Quakerism 101: A Basic Course** Six or seven evening sessions in February and March, 2012. This study series will cover the basic history, beliefs and practices of Quakerism. It is intended for those relatively new to Quakerism or to this Meeting, but is open to anyone who wishes to deepen their understanding of the material covered. Participants in past series had this to say in their course evaluations:

- I was looking for more connection with Quaker thought, historical and present day, and with this particular meeting. It did all that and more; I had many spiritual insights from the readings and discussions.
- The readings were excellent, and the discussion and use of guests from the meeting both helped clarify the readings and broaden my exposure to people in the meeting.
- I appreciated the varieties of formats - lectures, small group discussions, the role play town hall.
- This course has meant a lot to me - having a better understanding of Quaker history, traditions and form of worship is already deepening my experience in Meeting.

The six or seven sessions, adapted from the curriculum from Philadelphia Yearly Meeting, cover The Experience of Early

Friends, The Light Within, Quaker Universalism, Worship and Ministry, Quaker Witness and Community, and Getting Down to Business. Contact George Mills (GeorgeHMills@sbcglobal.net, 494-1606) or Seth Raphael (seth@magicseth.com) with questions or to indicate your interest in registering for the series and obtaining the readings.

\*\*\* SPIRITUAL FORMATION GROUP: There is a spiritual formation group that meets on Wednesdays about twice a month. For more information talk to Jerry McBride, Susan Murphy, or Jennifer Summit.

\*\*\* COLLECTION FOR ECUMENICAL HUNGER PROGRAM (EHP): Community Service Committee the EHP after the rise of Meeting each third First Day – at the front door. EHP is a vital part of the local safety net providing emergency food, clothing, case management, household essentials, and resource referrals to families in need in East Palo Alto, Menlo Park, and Palo Alto. Second Harvest brings a truckload of fresh produce 12 times a year, on the first Tuesday. Meeting collected \$209 in contributions for EHP in February.

\*\*\* HOMELESS MEALS - OPPORTUNITY FOR COMM-UNITY SERVICE – We help prepare the food and serve it to the Homeless at the First Methodist Church in Palo Alto as part of the Urban Ministry meal program. Scheduled dates for 2012 are 3/5, 4/9, 5/14, 6/18, 7/23, 8/27, (none for Sept.), 10/1, 11/5, 12/10. Contact Marie Simirenko for more info - 650-961-1724.

\*\*\* THURSDAY MORNING MINDFULNESS MEDITATION: We welcome newcomers to Thursday morning meditation. Doors open at 7:15 am with quiet music. At 7:30 am, we have a short Buddhist guidance, and a half-hour meditation. Afterwards, we discuss how the meditation was for us, finishing at 8:15 or 8:30. We are following the teachings of the Vietnamese Buddhist monk, Thich Nhat Hanh, similar to Quaker philosophy but with additional insights. We discuss meditation technique, which is also helpful to people on Sunday!

\*\*\* FOURTH FIRST-DAY PROVIDED LUNCH: PAFM provides a lunch on **fourth** First Day. This allows Friends an opportunity to get to know each other better. Friends, attenders, visitors, and newcomers are all welcome.

A special table is set aside for newcomers to meet with Friends and find out more about Quakerism and about our Meeting, its members & activities, as well as an opportunity for us to know you better. A member of Care & Concerns will be at the table. All newcomers are welcome - as are any Friends who might be inclined to join the gathering. The term "newcomers" includes those who have recently begun attending, as well as those who feel "new" to the Meeting, regardless of how long they have been attending.

\*\*\* WORSHIP SHARING FOR CAREGIVERS: This is a group sponsored by Care and Concerns and open to anyone caring for a loved one of any age – infant to adult – who would like to explore how our Quaker beliefs and experiences can be a part of this loving undertaking. The group has changed its meeting time back to fourth Tuesdays. The group meets in the Schoolhouse. Contact Arden Pierce at 650-494-1631 or ardenhiram@aol.com or Mary Lou Moses at 650-424-4342 for info. All are welcome.

\*\*\* SUPPORT: If you have wondered what Friends do when we are in distress or need help, given that we do not have a minister - the answer is that we turn to members of the Care and Concerns committee. Be advised that the greeters you see each First Day are on the Care and Concerns Committee. Please feel free to talk to a member of Care and Concerns about such concerns...after meeting...or call or email them.

\*\*\* Friends are reminded that there are those among us who have allergies, often severe. We must avoid certain food products especially in the School House because of the allergies of children attending Friends Nursery School. Some among us are also allergic to artificial fragrances (perfumes, colognes, after-shaves).

\*\*\* With rainy days due to be upon us, please take into consideration your ability to move quickly relative to other members of the meeting when you are choosing a parking spot, and try to leave a few close spots for members who may not be able to dodge raindrops as well as yourself.

## **NEWS OF PEOPLE AND EVENTS**

**QUAKER QUEST:** For Friends who want to know more about the Quaker Quest program being explored in Meeting - [www.friendsjournal.org/quaker-quest](http://www.friendsjournal.org/quaker-quest) is a link to the article that was distributed in M4B in January. In addition, [www.quakerquestfgc.org](http://www.quakerquestfgc.org) has a variety of materials that may answer some questions.

The first step is information gathering to determine if we want to do a full day workshop with a Quaker Quest Travel Team. Meg Givens, Ray Richspater and Talley Kenyon are a working group under Worship and Ministry for this first step. If you have questions, please let one of them know.

**NEWS FROM QUAKER CENTER:** We have 14 individual Annual Pass holders for Quaker Center programs for the coming year! And three monthly meetings in College Park Quarterly hold an Annual Pass to send one person to each of our programs (including summer youth camps!) for one year from the date of purchase. The Annual Pass is a great opportunity for meetings to have more members and attenders engage more deeply with Quakerism by taking part in Quaker Center programs and return to share what they learn with the meeting community. Individual Pass holders get the added benefit of attending Quaker Center programs with many of the same people over the course of a year and get to know those people more deeply as the year goes on. Contact Quaker Center Co-Directors, Kathy and Bob Runyan, via [mail@quakercenter.org](mailto:mail@quakercenter.org) with questions.

Our March program, "Come As You Are: Reading the Bible with Friends" led by Stephen Matchett already has a good start on registrations but there is plenty of room for more. So if you've ever wanted to explore the Bible with a group of very open-minded people, this is your chance. You can register online at <http://www.quakercenter.org/programs/reading-the-bible-with-friends/> We hope to see you soon!

Finally, each monthly meeting's Quaker Center liaison, and any other interested Friends, are invited to attend our annual corporate meeting as observers. This meeting will be held on Saturday, April 14, 2012 from 9:30 am-3:00 pm at Ben Lomond Quaker Center, 1000 Hubbard Gulch Road, Ben Lomond, CA. Please call 831-336-8333 if you plan to attend.

**AFSC NEWS: Central Valley and the ACLU:** For a number of years the Central Valley programs have conducted 'Know Your Rights' trainings to help immigrant workers protect themselves against unjust police stops, car impoundments and deportation. Now the three AFSC offices in Stockton, Fresno and Farmerville have teamed up with the ACLU to launch a campaign to train immigrant leaders and, working together, to lobby lawmakers at every level to enact policy changes that will reduce the harassment of workers and the racial profiling tactics so prevalent in these practices.

**Fellowship of the Arts:** With the help of a grant from the James Irvine Foundation the Fresno office is training 10 'Fellows', from a cross-section of ethnic communities, to use their artistic expressions (art, music, spoken word etc.) to galvanize communities for civic participation.

In the Fellows Program they learn organizing skills, media relations, event planning, budgeting and evaluation, in order to prepare them for involvement at the local, state and national level. At the end of the training each Fellow will be required to produce a public event using their artistic talents and the new skills. The James Irvine Foundation is closely following this program to see if it will be valuable to replicate in other areas. -- *Ruth Fraser*

**NEWS FROM WOOLMAN CENTER:** The Center has a new volunteer newsletter, John Palmer. Check out the first edition, all about the arrival of new students, Woolman's role in the Nevada City Happiness Initiative, exciting upcoming events, even cool job opportunities at Woolman! <http://woolman.org/sites/default/files/newsletter/>

**PACIFIC YEARLY MEETING ANNOUNCEMENT:** John Calvi will address PYM at the annual session at Walker Creek Ranch, August 13-18, 2012. He is a healer, has done extensive work on torture, founding Quaker Initiative to End Torture (QUIT), and works from a position of humility, that is, he accepts whatever remuneration a group can provide. His writings include a pamphlet, *The Dance Between Hope and Fear*, an address that he gave to Southeastern Yearly Meeting in 1992. It is also called the Annual Walton Lecture and was reprinted in 2001. He is a member of Putney Monthly Meeting in Vermont and lives with his partner of many years, Marshall Brewer. For more information about Calvi's ministry, see his website: <http://www.johncalvi.com>

**CHILDCARE DURING MEETING FOR BUSINESS:** During monthly Meeting for Worship on the Occasion of Business, childcare will be provided for all age children from 12:15 to 1:45 pm in the School House. The regular staff for the preschool program, Jadranka Tanovic and Sangeta Tamang, provide the childcare. Advance sign-up is not required, but children should be in the program by 12:30. (If no children show up, the staff will leave at 12:45.)

**RIDES TO/FROM MEETING:** Care and Concerns Committee keeps a list of people seeking rides and a list of people who are willing to offer rides to and/or from Meeting on either a regular or occasional basis. Contact anyone on the committee if you or someone you would like to be on either list.

**THE PENINSULA PEACE AND JUSTICE CENTER:** The Center's Calendar is at: <http://www.peaceandjustice.org>

**JOB ANNOUNCEMENT -- AFSC WEST REGION DIRECTOR:** In the US, American Friends Service Committee is being re-structured into four Regions. Program offices in Denver, Seattle, Portland, San Francisco, Stockton, Fresno, Farmersville, Los Angeles, San Diego, Tucson, and New Mexico will be administered out of the San Francisco office. A hiring search for the director for that new mega-Region has commenced. All applications and resumes are being taken on-line at: <https://jobs-afsc.icims.com/jobs/search>. Check "Regional Director, West Region" at the bottom. Sunday, March 4, is a first deadline.

**HELP CENTRAL AMERICAN REFUGEES WHILE YOU HELP YOURSELF:** Reliable, hard-working men and women need jobs while they rebuild their lives. SBSC Job Hotline: (650) 494-8340.

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To Submit Newsletter Items: See the Schedule on page 2 for the deadline for the next issue. You may e-mail Newsletter submissions to [newsletter@pafm.org](mailto:newsletter@pafm.org) or [moriii@yahoo.com](mailto:moriii@yahoo.com) If you wish to receive the newsletter by email - or wish to discontinue - please visit <http://lists.pafm.org/listinfo.cgi/newsletter-pafm.org>. [Ed.'s note: If you sign up to receive the Newsletter by email, make sure to put the following address in your email address book: [moriii@yahoo.com](mailto:moriii@yahoo.com). The NL is sent out from that address. Some email "Spam" filters may reject such a message if the sender address is unknown.]

If you have an e-mail address, please join our Meeting's e-mail discussion list. To subscribe - visit <https://mailman.stanford.edu/mailman/listinfo/pafriends>. To post a message to all on the list, send the message to [pafriends@lists.stanford.edu](mailto:pafriends@lists.stanford.edu). If you have any questions, contact Jerry McBride [jlmcbriemail@yahoo.com](mailto:jlmcbriemail@yahoo.com) 964-2869.

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**Directory Change**

Susan Harrison (formerly Susan Wankner) has a new email address. Details will be posted in the office.

**CAROL GOODELL**

Carol Goodell died on Wednesday, January 27, 2012. A Memorial Meeting will be held at the Meetinghouse on Saturday, March 10, 2012 at 2:00PM.